

Green Bean Potato Salad



Serving Size
10



Skill Level
Moderate



Diet Type
Dialysis

Ingredients

- 1/2 pound fresh green beans
- 1 lb small white potatoes
- 3 tbsp balsamic vinegar
- 1 tsp Dijon mustard
- 1 tsp minced garlic
- 1/2 cup olive oil
- 1 tbsp chopped chives
- Black pepper to taste

Directions

1. Start with bringing a large pot of water to boil.
2. Boil the green beans for 1-2 minutes, scooping them out with a slotted spoon. Immediately place them in a bowl of ice to stop the cooking process.
3. Add the potatoes to the boiling water. Boil for 20 minutes.
4. Drain potatoes and cut length-wise.
5. Remove green beans from ice.
6. Mix balsamic vinegar, mustard, garlic, and olive oil.
7. Combine potatoes, green beans, dressing, and chopped chives in a bowl.
8. Serve and enjoy.

Nutrition Facts

Servings: 10

Amount per serving

Calories 143

Sodium	14 mg
Potassium	260 mg
Phosphorus	29 mg
Carbohydrates	10g
Protein	1 g